

# August 2021



[www.JudyCenter.org](http://www.JudyCenter.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 10:00 Yoga 1:30 PM My Gym Play group	6 Last Day of Bridge to Kindergarten	7
12:30-1:15 All Week ---HES Meal Distribution-----						
8	9 Virtual Coaching with Vera all week: TBD	10 10:00 Music with Ms. Tasha	11	12 10:00 Yoga 1:30 PM My Gym Play group	13 10:00 Port Discovery: Mother Goose on the Loose Last Day of ABC	14
12:30-1:15 All Week --- HES Meal Distribution -----						
15	16 Virtual Coaching with Vera all week: TBD	17	18	19	20	21
12:30-1:15 All Week ----- HES Meal Distribution -----						
22	23 Virtual Coaching with Vera all week: TBD Teachers Return	24	25	26 Sneak a Peak & Community Resource Fair 4- 6pm	27	28
29	30 Virtual Coaching with Vera all week: TBD First Day of School  Virtual Back to School Night 4-5pm	31	Contact the Judy Center for joining codes for any events listed.			

Join us for Infant Massage – a 4-week class to learn to massage your baby.  
OR Call us to schedule your FREE prenatal massage

Join us for virtual coaching and tutoring available for Judy Center children.

My Gym is a virtual movement based class for children through age 5.  
Music with Ms. Tasha is like a Mommy and Me Music group

Contact the Judy Center to sign up for a free prenatal massage

Join us for an in-person author visit and free book signed by the author on Saturdays in July

The childcare provider training from Abilities Network on Taking Care of Yourself

Please contact the Judy Center with questions about any of these activities 677-251-5837