



Judy Center

Hawthorne

Contact Information

410-887-0138

Facilitator

Rebecca Lindsey, Ed.D.

Family Case Manager

Letethia Nathan

Upcoming Events

Free Infant Massages

Thursday, Jan. 10, 17, 24, & 31

HES Wellness Center

**Please contact the Judy Center to schedule your morning massage

A.B.C. Playgroup

Currently, have a few spots left in out Tuesday ABC Playgroups

Please contact the Judy Center for more information

ESOL Registration

Tuesday, January 22nd
9am

Hawthorne Rec Room

January 21st: No School- Dr. Martin Luther King, Jr. Birthday



January 2019



Parents would you like to:

Learn tools to turn conflict into cooperation. Understand the need your child is seeking to fulfill their behavior. Create a positive, healthy relationship with your child. Join us to learn more about Conscious Discipline

When: January 8, 2019

4:00-6:00pm

Where: Hawthorne ES Cafeteria

Please RSVP with the Judy Center at 410-887-0138.

Free child care, will be provided but spaces are limited.

Infant Massages

Join us for a free 4 week parent/ infant massage course where you will learn how to:

- use nurturing touch to bond with your baby
- reduce stress levels
- help you and your baby relax

Come discover the many benefits of infant massage, meet other parents and gain confidence in responding to your baby's cues

Call the Hawthorne Judy Center at 410-887-0138 to enroll.

****Free Weekly Giveaways****

Free Parent Workshop on:

Picky Eaters

Learn tips on how to get through the picky eater stage

January 10, 2019

4:00-5:30pm

Please RSVP with the Judy Center at 410-887-0138

Community Corner

Baby Story Time

Thursdays, Jan. 3, 10, 17 & 31
10:00- 10:30am
Essex Branch Public Library

Preschool Story Time

Thursdays, Jan 3, 10, 17 & 31
11:00-11:30am
Essex Branch Public Library

Healthy Babies

Collaborative:

Healthy MOMs

Tuesdays, Jan. 8, 15, 22 & 29
9:30-11:30am
Stembridge Community Center

Healthy Babies

Collaborative:

Essex Breastfeeding Luncheon

Every Wednesday
11:00-1:00pm
Essex Library
Call : 410-828-7700