

Contact Information 410-887-0138

Facilitator Rebecca Lindsey, Ed.D.

Family Case Manager Letethia Nathan

# **Upcoming Events**

#### **Free Prenatal Massages**

Thursday, May 2, 9, 16, & 23 HES Wellness Center \*\*Please contact the Judy Center to schedule your morning massage

May 6<sup>th</sup>- PreK and Kindergarten Conference Day – No School for Preschool-3, PreK, or Kindergarten

May 7<sup>th</sup>- PreK Conference Day - No Preschool-3 or PreK sessions

A.B.C. Playgroup Currently, full but if you would like to join Summer ABC playgroup Please contact the Judy Center for more information



### Come to the FREE Language & Literacy Learning Parties Every Thursday from 4-5:30pm

May 2: Building Language Skills May 9: Learning about Books and Developing Comprehension May 16: Learning about Sounds in Letters May 23: Learning about Letters and Print

If interested, please contact the Judy Center at 410-887-0138



### Come out and Meet the Judy Center staff on May 21st & May 24th

#### 4:00pm- 5:30pm

Ms. Tiwst and the Judy Center will be driving around the Hawthorne Community.

### Receive a FREE COLD TREAT on the Judy Center.

### Infant Massages

Join us for a free 4 week parent/ infant massage course where you will learn how to:

- use nurturing touch to bond with your baby
- reduce stress levels
- help you and your baby relax

Come discover the many benefits of infant massage, meet other parents and gain confidence in responding to your baby's cues

Call the Hawthorne Judy Center at 410-887-0138 to enroll.

\*\*Free Weekly Giveaways\*\*

# Community Corner

Baby Story Time Thursdays, May 2, 9, 16 & 23 10:00- 10:30am Essex Branch Public Library

Preschool Story Time Thursdays, May 2, 9, 16 & 23 11:00-11:30am Essex Branch Public Library

Healthy Babies Collaborative: Healthy MOMs Tuesdays, Mar. 7, 14, 21 & 28 9:30-11:30am Stembridge Community Center

Healthy Babies Collaborative: Essex Breastfeeding Luncheon Every Wednesday 11:00-1:00pm Essex Library Call : 410-828-7700