

# **FY 25 Hawthorne Judy Center COK Trainings**

**All trainings are held in the Hawthorne Judy Center  
on the 2<sup>nd</sup> Thursday of the month beginning at 6:30 pm.**

## **October 10, 2024 - IMIL: Nutrition Building Blocks – LiteBrite, LLC**

This high energy hands on training is full of ideas and resources on physical activity and healthy food choices that you can include in your early childhood programs. Early childhood is an optimal time of growth and development. Healthy nutrition is a key for growth and also is a foundation for success in school and life. Learn more about ways to promote healthy lifestyles by establishing healthy preferences early in life.

**Core of Knowledge Area:** 2 HRS Health Safety and Nutrition

## **November 14, 2024 Now, Doesn't That Make Sense – Abilities Network**

This training introduces the participant to sensory processing dysfunction and sensory integration disorder and provides many easy-to-use strategies to implement in your classroom setting to address various sensory needs for all children.

**Core of Knowledge Area:** 2 HRS Special Needs

## **December 12, 2024 – Relationship Based Care for Infants and Toddlers: Primary Care – LiteBrite, LLC**

Participants will dive deeply into the critical concept of “primary caregiving.” We will review the research and benefits of primary caregiving and explore strategies such as “Watch, Ask, Adapt.” Participants will also reflect on building high-quality practices through policy and program improvement.

**Core of Knowledge Area:** 2 HRS Professionalism

## **January 9, 2025 Building Early Literacy Through Expressive Arts - Abilities Network**

This training builds participants’ knowledge and understanding of the ways in which the expressive arts can enhance children’s literacy. Participants learn specific and practical strategies for promoting literacy skills through movement, play, music and visual arts. These strategies will assist teachers in creating learning environments which promote knowledge acquisition, creativity and positive self-esteem for all children, including those with special needs.

**Core of Knowledge Area:** 2 HRS Curriculum; 1 HR Special Needs

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## **February 13, 2025 – High Level Questioning to Encourage Thinking- LiteBrite, LLC**

Utilizing developmentally appropriate high-level questions with young children can expand their learning by encouraging complex thinking. In this interactive workshop, you will learn about developmentally appropriate strategies that promote and support open ended questions, multi word responses, and problem-solving skills. Practice using the high-level questioning strategies to plan ways to include the strategies in daily classroom routines.

**Core of Knowledge Area:** 2 HRS Curriculum

## **March 13, 2024 Playing to Learn - Abilities Network**

During this fun and very interactive session, you will not only learn about the importance of play, but you will spend a chunk of time engaging in play and reflecting on how to use it in your classroom or program. We will talk about incorporating academic and social emotional skills into play and how to make play inclusive.

**Core of Knowledge Area:** 3 HRS Child Development

## **April 10, 2025 – IMIL: Take it Outside- LiteBrite, LLC**

This high energy hands on training is full of ideas and resources on physical activity and healthy food choices that you can include in your early childhood programs. “Go outside and play!” Learn about the benefits for children of playing outdoors and spending time in nature and its role in motor skill development. This session will include understanding the adult role in facilitating outdoor play and preparing outdoor play space.

**Core of Knowledge Area:** 2 HRS Health, Safety and Nutrition

## **May 8, 2025 Math is Fun! - Abilities Network**

This course is designed to guide childcare providers and teachers in implementing math curricular activities. Topics include helping children learn about math concepts as they explore and discover, looking beyond learning counting and numbers, and developing and extending children’s interest in mathematical concepts– inclusive for all early math learners.

**Core of Knowledge Area:** 2 HRS Curriculum

## **June 12, 2025 – Inspiring Young Minds....The Scientist in All of Us- LiteBrite, LLC**

This training incorporates science, engineering, and technology (SET) into programming by using a hands-on, interactive skill-building approach. It provides tools drawn from research and best practices to help enhance communication, management, and educational delivery of programs.

**Core of Knowledge Area:** 2 HRS Curriculum